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Happiness Calendar



Teaching with Hope: A Community of Practice for Education Professionals



Join our **new** monthly **Community of Practice** (CoP) focused on educator and student well-being!

With all of the challenges facing educators right now, we need spaces for rest, reflection, togetherness, and hope. In this CoP, we will envision, experience, and co-create a thriving learning community—with a focus on care, compassion, and connection.

Our goals for this CoP:

- To deepen our understanding of the science of social and emotional



- well-being
- To experience greater well-being as adult learners in community
 - To share ideas and best practices for supporting our students, colleagues, and ourselves

When: Jan - May 2023, 4th Wednesday of each month, 3:30-5:00pm PT

Where: Online

Cost: \$99, scholarships available

[Learn More and Register Here](#)

Greater Good Articles for Educators



Why Teachers Need Each Other Right Now

By Amy L. Eva

Here are four simple ways to find social support as an education professional.

[Read More](#)



What It Means to Be a Holistic Educator

By Amy L. Eva

Jack Miller shares how contemplative practices can help teachers cope with stress and be more present with students.

[Read More](#)

Greater Good in Education Practices



Check-in Circle for Community Building

Students or staff sit in a circle, center themselves with a Mindfulness Moment, and use a talking piece to respectfully take turns answering a question about how they are doing.

Try It With Students or Colleagues



Norm Co-creation

Students collaborate on the development of classroom norms while exploring the role of norms from multiple perspectives.

Try It With Upper Elementary, Middle School or High School Students



Gift of Time

Students will create a plan for investing time in others, spend focused time with at least three other people, and write a reflection about their experience.

Try It With Middle School, High School, or College Students

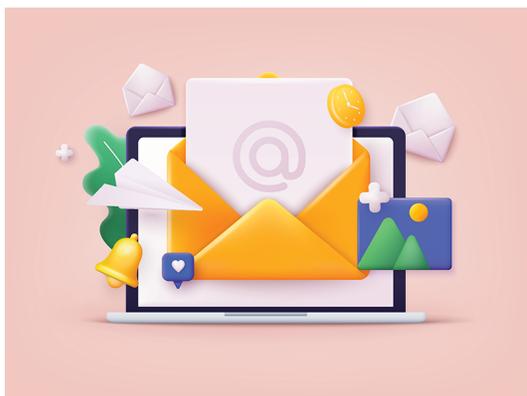


Feeling Connected for Adults

To help cultivate a sense of belonging at school, write about a time when you felt connected to a colleague and consider why you experienced that sense of connection.

Try It With Colleagues

We're Hiring!

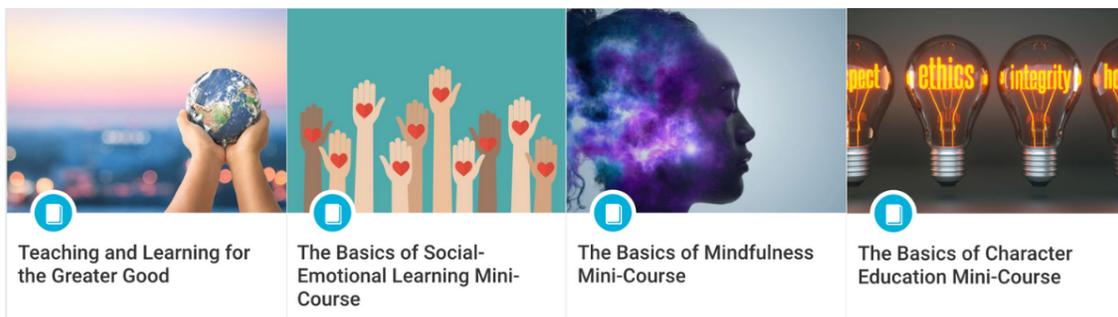


Education Marketing Specialist

This role will work closely with the education team and marketing director to translate program goals into meaningful marketing campaigns and partnerships that broaden the reach of our offerings to educators.

[Learn More and Apply](#)

Online Courses for Educators



Do you need **specific strategies** and **easy-to-implement practices** to help you foster social and emotional well-being in your classroom and school? Do you want to strengthen your own social, emotional, and ethical development?

Our suite of **practical, self-paced online courses** includes mini-courses for increasing your foundational knowledge in the fields of social and emotional learning, mindfulness, and character education. You can build on that knowledge as you explore and apply research-based concepts, strategies, and practices in a more comprehensive course, **Teaching and Learning for the Greater Good**. In addition, we also offer a mini-course on **cultivating courage in schools**.

Overall, all of our courses:

- **Encourage deeper engagement** with **Greater Good in Education**, our online resource that features over 250 evidence-based strategies and practices for the social, emotional, and ethical development of students and educators;
- **Support educators serving students at all developmental levels**, as well as educators in all roles: teacher, administrator, school mental health professional, district leader, etc.;
- Range in price from \$49–\$199; **sliding scale discounts available** for those who need them, including educators from low- and middle-income countries;
- May be eligible for **continuing education credits/units**.

[LEARN MORE & REGISTER TODAY](#)